

May 3
Rest of our Venerable Father Theodosius
Hegumen of the Monastery of the Caves at Kyiv (1074)
Holy Martyrs Timothy and Maura

Note: Theodosius is ranked as Polyeleos thus the Martyrs are omitted.

VESPERS

At Psalm 140

In Tone 5

6.

O venerable father, God-bearing Theodosius!
You labored greatly during this earthly life:
with hymns, fasting, and persistent prayer
you became a model for your disciples.
Today you celebrate with the bodiless ones the angels,
unceasingly glorifying Christ, the Word of God, the Redeemer,
Who died on the cross and delivered the human race from deceit.
Pray to Him, venerable father,
that He grant peace and great mercy to the world.

5.

O venerable father, God-bearing Theodosius!
You labored greatly during this earthly life:
with hymns, fasting, and persistent prayer
you became a model for your disciples.
Today you celebrate with the bodiless ones the angels,
unceasingly glorifying Christ, the Word of God, the Redeemer,
Who died on the cross and delivered the human race from deceit.
Pray to Him, venerable father,
that He grant peace and great mercy to the world.

4.

O venerable father, God-bearing Theodosius!
You truly merited the divine life,
having obtained it through purity and fasting;
for while still alive you renounced everything,
and passed over to the true life.
You now are glorifying with the heavenly hosts Him,
Who mystically took flesh from the Virgin and overthrew Hades
and raised those who had fallen asleep from time beyond memory.
Intercede with Him, O venerable father,
that He may grant peace and great mercy to the world.

3.

O venerable father, God-bearing Theodosius!
You truly merited the divine life,
having obtained it through purity and fasting;
for while still alive you renounced everything,
and passed over to the true life.
You now are glorifying with the heavenly hosts Him,
Who mystically took flesh from the Virgin and overthrew Hades
and raised those who had fallen asleep from time beyond memory.
Intercede with Him, O venerable father,
that He may grant peace and great mercy to the world.

2.

O venerable father, God-bearing Theodosius!
You found life because you loved purity,
and the grace of the Holy Spirit dwelled in within you,
like a most pure light shining upon you.
You now are unceasingly glorifying Christ, Who is one God in two natures,
Who suffered on the cross in the flesh,
but as God was incapable of suffering.
Pray to Him, , O venerable father,
that He may grant peace and great mercy to the world.

1.

O venerable father, God-bearing Theodosius!
You found life because you loved purity,
and the grace of the Holy Spirit dwelled in within you,
like a most pure light shining upon you.
You now are unceasingly glorifying Christ, Who is one God in two natures,
Who suffered on the cross in the flesh,
but as God was incapable of suffering.
Pray to Him, , O venerable father,
that He may grant peace and great mercy to the world.

In Tone 8, Glory...

Come, let us all gather together and extol our father, Theodosius!
For already in his youth he received a calling from above,
and was given the name Theodosius which means, "God's gift."
To Christ-loving princes He was a teacher of the true faith,
to the nobles an unwavering intercessor,
to orphans a merciful father,
to widows an unwearied defender,
to the afflicted a consolation,
to the poor a treasure,
to the monastics a ladder leading to the heavenly heights;
and to those who directly go to him a sprig of ever-flowing water.
He prays unceasingly for the salvation of our souls.

Now...

A symbol of the undefiled Virgin and bride
was revealed in the Red Sea.
There, Moses divided the waters;
here, Gabriel is the messenger of the miracle.
There, the Israelites crossed the deep and their feet were not even wet;
here, the Virgin gives birth to Christ without human seed.
There, the sea remained uncrossed after the passing of Israel;
here, the immaculate remained incorrupt after giving birth to Emmanuel.
Therefore, O immortal God, who appeared in the flesh as true Man,
have mercy on us!

Prokeimenon
of the day

Readings
Wisdom 4:7-15; Wisdom 3:1-9; Wisdom 5:15-6:3

Aposticha

In Tone 8

O God-wise Theodosius!
From childhood you have been drawn to God
and have completely dedicated yourself to the almighty King.
You brought to Him the fruits of your ascetical labours
crowned with the garlands of virtue.
For this, O glorious one, you have gained a reward
for your good deeds.

Precious in the eyes of the Lord is the death of His faithful.

You are a teacher of ascetics a most radiant star of the land of Rus'
which illuminates the whole nation with miracles.
from your youth God chose you as a pastor of spiritual sheep.
For this reason, the assembly of venerable ascetics accepted you.
We beseech you: pray with them,
that the sins of your flock may be forgiven.

Blessed is the man who fears the Lord, who takes delight in all His commandments.

Rejoice, O ever-praised Virgin,
who by means of a pillar of fire pointed out the pasture,
where the spiritual flock was to graze.
There, Theodosius erected in your honour a beautifully adorned church
where the faithful, standing before the relics of your ambassador,
honour your falling-asleep, O most pure Mother of God.

Glory...

Countless monks honour you, father Theodosius, as their teacher,
following in your footsteps,
we have truly learned to live righteously.
Blessed are you who have toiled for Christ and have brought low the power of the enemy,
O friend of the angels and companion of the venerable ascetics.
pray with them to the Lord,
that He may have mercy on our souls.

Now...

O Virgin, You have never known wedlock,
Yet You conceived God in the flesh
in a manner which words can never describe.
You thus became the Mother of God on high.
O Immaculate Lady, receive the supplication of your servants
and grant us the cleansing of our sins.
Accept now our prayers and beseech God to save all of us.

Troparia

In Tone 8

Raised in virtue, O father Theodosius,* from childhood you loved the monastic life* and attained
your desire courageously.* You lived in a cave adorning your life with fasting and radiance* and
abided in prayer like the bodiless powers.* You shone like a beacon in the land of Rus'.** Entreat
Christ God to save our souls.

Glory... Now...

O gracious Lord, for the sake of mankind You were born of a virgin;* through Your death on the cross
You conquered death;* and through Your resurrection You revealed yourself as God.* O merciful
Lord, do not disdain those whom You have created with Your own hands,* but show forth Your love
for mankind.* Accept the intercession which the Mother, who bore You, makes in our behalf.** O
Saviour, save Your despairing people!